

The Morning & Evening Adhkar

أذكار الصباح والمساء

- 1) What are the morning & evening adhkar?
- 2) When is the best time to recite these adhkar?
- 3) Why is it important to recite the sunnah adhkar?
- 4) “We made the mountains join **him** in tasbīh at sunset and sunrise; and the birds, too, in flocks. All were turning only unto Him.” (Q38:18-19) Who does the ‘him’ refer to? Close your eyes and picture the scene.
- 5) Why are the morning and evening some of the best times to remember Allah?
- 6) How does our īmān and connection with Allah strengthen through these adhkar?
- 7) What is the link between these adhkar and feeling peace and contentment?
- 8) Mention **one** of the rewards for reciting one of the morning & evening adhkar.
- 9) Fill in the gaps: The Messenger of Allah ﷺ said: “**Journey to Allah in the _____, the evening and a ____ of ____ ..**” (Bukhārī)
- 10) Write down at least **5** things these adhkar protect you from.
- 11) How should these adhkar be recited if we want to attain their full benefits?
- 12) Can you recite these adhkar on your morning commute?
- 13) Write down a fixed amount of time you are going to spend every day reciting these adhkar (inshallah).