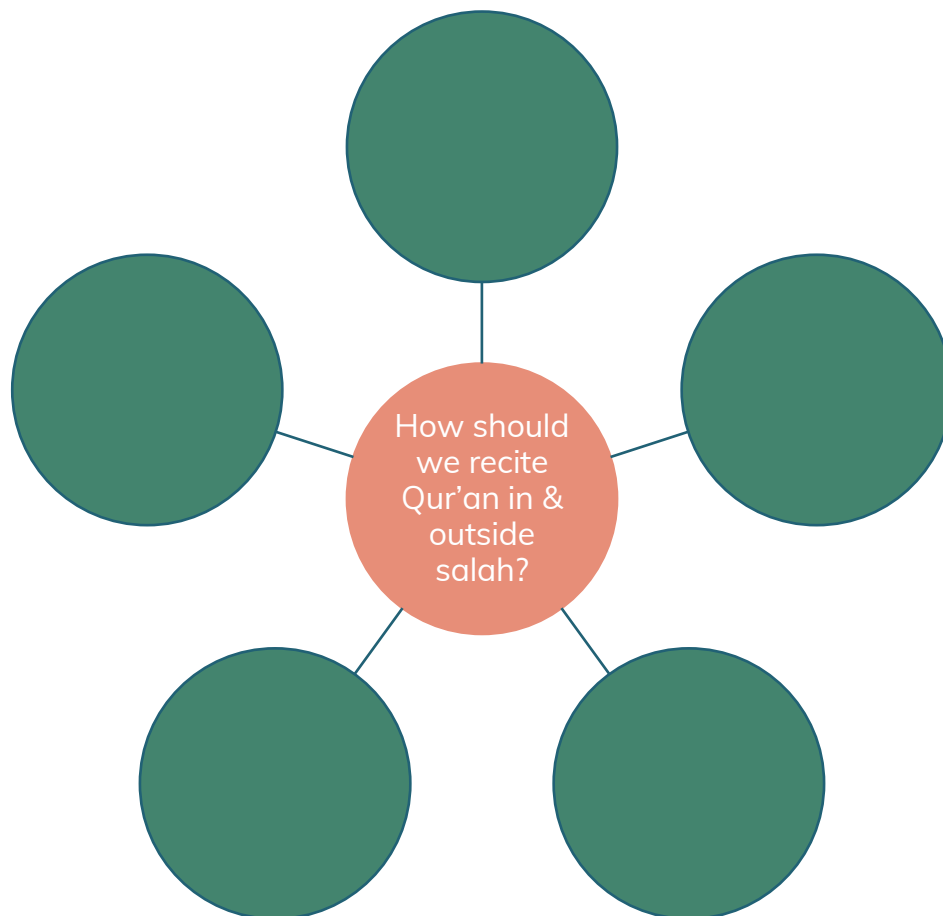


Starter



Lesson 3

How to develop khushu

Tadabbur and Tartil



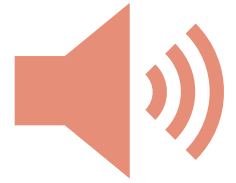
Life With Allah

الحياة مع الله

LOs

- To link Qur'an and khushu
- To explore how to recite Qur'an in salah
- To identify how to do tadabbur

Qur'an and Khushu'



How would you describe his recitation?

[Holy Quran Recitation by Idrees Abkar - QuranicAudio.com](http://QuranicAudio.com)

Surat al-Isra, Surah 17 33:06 – 35:09



- Tilawah
- Tartil
- Tajwid
- Tadabbur
- Taghanni(n)

Tartil



- [A] Write 73:4

أَوْ زِدْ عَلَيْهِ وَرَتِّلِ الْقُرْآنَ تَرْتِيلًا ﴿٤﴾

- Tartil: reciting slowly and calmly, making each word distinct, and not exceeding the limits.
- The recitation of the Prophet ﷺ

A man came to ‘Abdullāh b. Mas‘ūd and said, “I recite all the mufaṣṣal sūrahs in one rak‘ah.” Upon this ‘Abdullāh said, “(Do you recite it) hastily like the recitation of poetry? Indeed, there are people who recite the Qur‘ān, but it does not go down beyond their collar bones.

However, it benefits when it enters the heart and becomes deeply-rooted in it...

Taghanni

“He who does not recite the Qur’ān melodiously is not one of us.”

(Abū Dāwūd)

“Of those who recite the Qur’ān with the best voice is the one who, when you hear him recite, you think that he fears Allah.”

(Ibn Mājah)



“Do whatever you wish to get close to Allah, but know you will never get closer to Him with anything more beloved to Him than His own words (i.e. the Qur’ān).”

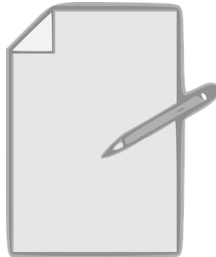
- Khabbāb radiyallahu ‘anhu

Tadabbur

- Know what the Qur'an is.

[A] How can we start doing tadabbur?

[A] Complete the worksheet



Tadabbur Tips

1. Think of **Who** is talking to you
2. Personalise. Allah is talking to **you**
3. Visualise
4. Feel the emotion and repeat the āyah
5. Interact with the āyāt. What do you remember from the hadith of Hudhayfah?

To do the above, 'study' is essential.

Story Time

فَمَنْ أَلَّهْ عَلَيْنَا وَوَقْنَا عَذَابَ السَّمُومِ ﴿٢٧﴾

“Know that everything that distracts you from understanding the meaning of your recitation is a whispering of doubt from Shayṭān.”

(al-Ghazālī)



The Adhkar Bank

Adhkar of Ruku'

سُبُّوحٌ، قُدُّوسٌ، رَبُّ الْمَلَائِكَةِ وَالرُّوحِ.

The Supremely Perfect, The Most Pure, The Lord of the Angels and the Spirit [Jibrīl] (Muslim).

سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ، اللَّهُمَّ اغْفِرْ لِي.

How perfect are You, O Allah, our Lord, and all praise is for You. O Allah, forgive me (Muslim).

سُبْحَانَكَ وَبِحَمْدِكَ لَا إِلَهَ إِلَّا أَنْتَ.

How Perfect are You, and all praise is for You. There is no god worthy of worship except You (Muslim).

Plenary

Write down 5 tips for how we can recite Qur'an to increase our khushu:

5

Practising What We're Learning

Let us pray _____ with the
highest level of khushu we can,
with the help of Allah ﷻ