

The best days of the  
year are...



Life With Allah

الحياة مع الله

The best days of the year are in...

# DHUL HIJJAH!



Life With Allah

الحياة مع الله

# Learning Objectives

1. To explore what makes Dhul Hijjah such a special and sacred month

2. To identify some special acts of worship in Dhul Hijjah that everyone can do

3. To recognise the importance and meaning of the takbirat

Key Words:

Arafah

Dhikr

Takbirat



# Learning Outcomes

By the end of the lesson, you will....

- List what is special about Dhul Hijjah
- Say and understand the meaning of the takbirat
- Design an action time-line for Dhul Hijjah

# Starter

**[A] What are the four sacred months**

الْأَشْهُرُ الْحُرُمُ

**in the Islamic  
Calendar?**

*Challenge: What do you think is meant by sacred month?*

Muharram

Rajab

Safar

Sha'ban

Rabi al-  
Awwal

Ramadan

Rabi al-  
Akhir

Shawwal

Jumadal  
Ula

Dhul  
Qa'dah

Jumadal  
Ukhra

Dhul  
Hijjah

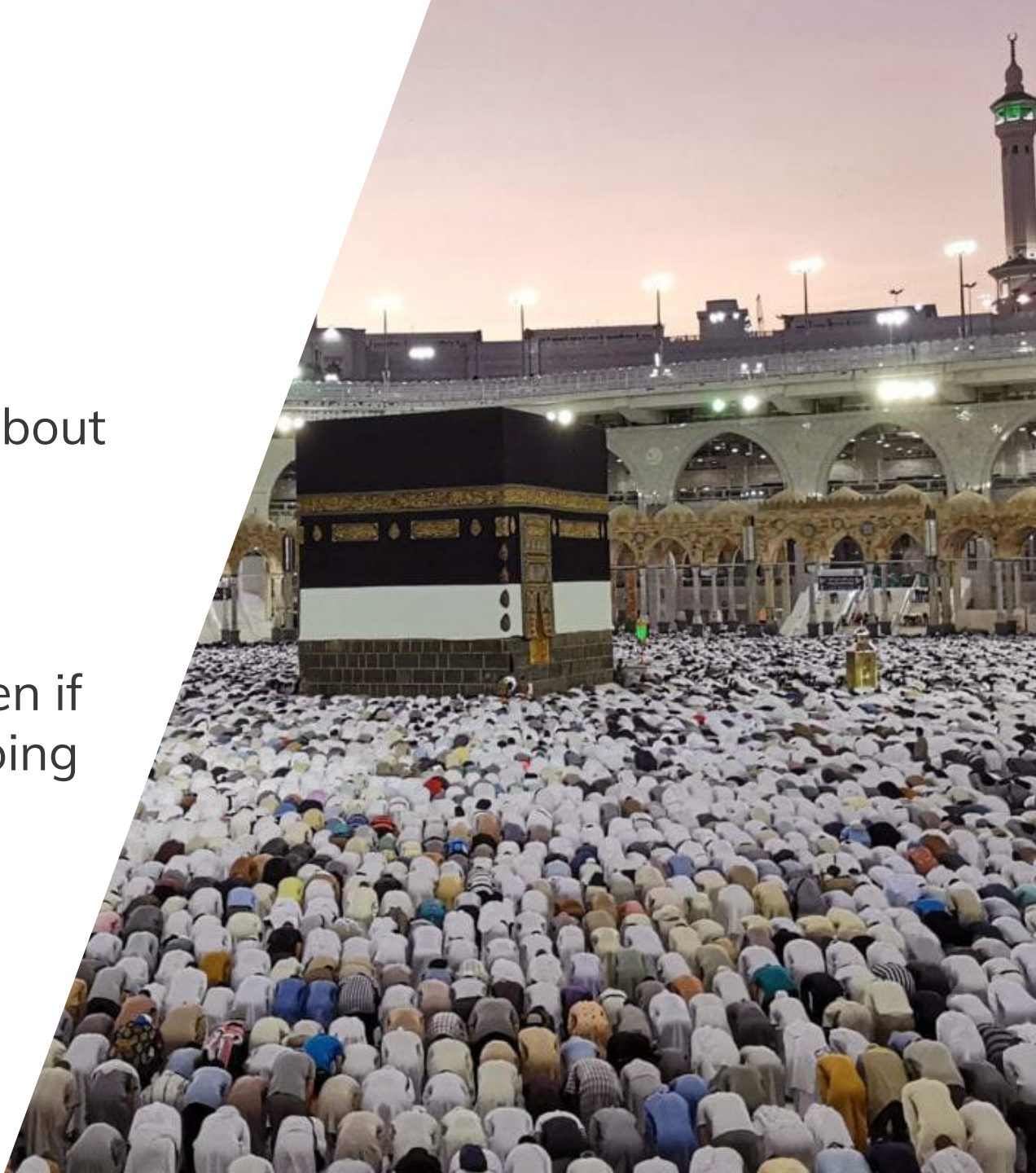
# A Season of Mercy



You may already know that Dhul Hijjah is the month where millions of Muslims make a very special journey to....?

# ...Hajj!

- What do you already know about Hajj?
- Is Dhul Hijjah a special time even if you are NOT going on Hajj?
- Yes!



# Virtues of Dhul Hijjah

وَالْفَجْرِ ﴿١﴾ وَلَيَالٍ عَشْرٍ ﴿٢﴾

“By the daybreak, and by 10 Nights” (89:1-2).

The Messenger of Allah ﷺ said,

“There are no better days in the sight of Allah than the 10 days of Dhul Hijjah”.

(Ibn Hibbān)



# Critical Question

Q. Does that mean the Days of Dhul Hijjah are better than the days of Ramadan?

Answer: The days of the first 10 days of Dhul Hijjah are superior to the last 10 days of Ramadan.

However, the nights of Ramadan are superior to the nights of Dhul Hijjah. There is a night in Ramadan which is superior to all other nights...do you know the name of that night?

Answer: Laylat al-Qadr.

# Day of Arafah (9th Dhul Hijjah)

“There is no day wherein Allah sets free more slaves from Hell-fire than the day of ‘Arafah. Indeed, He draws near, and He then boasts about them to the angels and says: ‘What do these (slaves of mine) want?’” (Muslim).

This means it's a very **IMPORTANT** time of year to make dua and do dhikr!

# Day No. 9 (Day of 'Arafah)

Do you  
remember what  
is the Takbir of  
Tashriq?

Task: Write a to-do list  
for the day of 'Arafah

- Keep a fast.
- Takbir of Tashriq once after each fard salah, starting from Fajr.
- Lots of dhikr; and repeat frequently:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ  
الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

- Du'a, especially for freedom from Hell.

# 10<sup>th</sup> of Dhul Hijjah – Day of Sacrifice and Eid!

The greatest day in the sight  
of Allah

Eid Salah

Qurbani

Fun

Yummy food

... and lots of takbir 😊



# For Non-Pilgrims

Q. What are some Sunnahs of Eid al-Adha?

Beautify yourself.

Perform ghusl before leaving the house for Eid Salah.

Do not keep a fast.

Delay breakfast until after Eid Salah.

Pray in an open space, outdoors.

All women should attend.

Walk to the Eid Salah.

Take a different route when going and coming back from Salah.

Say the Eid Takbirat Loudly.

Congratulate all Muslims, by saying the following phrase:

تقبل الله منا ومنكم

# Checkpoint - Question

When is the day of Arafah?

1. 27<sup>th</sup> of Ramadan
2. First of Dhul Hijjah
3. 9<sup>th</sup> Dhul Hijjah

Answer: 9<sup>th</sup> Dhul Hijjah

# [A] Task: Spot The Mistake!



Rewrite the sentences below – correcting the mistake in each one.

What is special about Dhul Hijjah?

- 1) It is one of the 2 sacred months.
- 2) It contains the 10 special nights.
- 3) Some Muslims go for Umrah in Dhul Hijjah.
- 4) The day of Arafah is on 2<sup>nd</sup> of Dhul Hijjah.

# [A] Task: Spot The Mistake!



Rewrite the sentences below – correcting the mistake in each one.

What is special about Dhul Hijjah?

- 1) It is one of the 4 sacred months.
- 2) It contains the 10 special days.
- 3) Some Muslims go for Hajj in Dhul Hijjah.
- 4) The day of Arafah is on 9th of Dhul Hijjah.





# Learning Outcomes

Can you?

- List what is special about Dhul Hijjah
- Say and understand the meaning of the Takbirat
- Design an action time-line for Dhul Hijjah



اللَّهُ أَكْبَرُ

What does this say?

What does it mean?

# Takbirat

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ ، لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ ، اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ

○ What Does اللهُ أَكْبَرُ (Takbir) Mean?

Let's read the Takbirat 5 times aloud together as a class!

○ اللهُ أَكْبَرُ means 'Allah is Greater than...' By not specifying what He is Greater than, we are saying that He is Greater than everything. Allah is Greater than anything we can imagine, and His greatness encompasses all things:

**Task:** Finish the sentence:  
'Allah is greater than....'

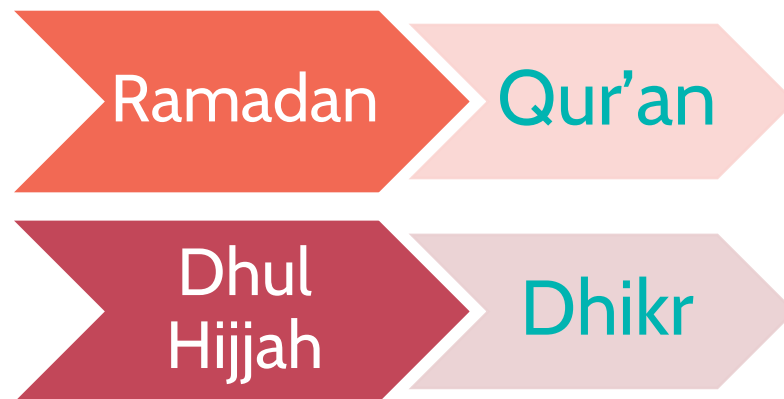


# Learning Outcomes

Can you?

- List what is special about Dhul Hijjah
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# Dhikr



The Messenger of Allah ﷺ said: “There are no days greater in the sight of Allah or in which good deeds are more beloved to Him than these 10 days. So recite a great deal of **tahlīl**, **takbīr** and **taḥmīd**.” (Aḥmad)

# Fasting



“The Messenger of Allah ﷺ used to fast on the first nine days of Dhul Ḥijjah; the day of ‘Āshūrā’ and three days of each month...” (Nasā’ī).

# Dhul Hijjah: To Do List

Days 1-8

Day 9  
(Arafah)

Day 10  
(Eid)

Days 11-13

Task: Draw pictures / write down some acts of worship you should do in Dhul Hijjah

CHALLENGE

# Dhul Hijjah: To Do List

1-8th

- Lots of Dhikr, especially tahlil, takbir and tahmid
- Takbir in the homes, markets and streets.
- Fast as many days as possible.

9th (Day of Arafah)

- Keep a fast.
- Takbir of Tashriq once after each fard salah
- Lots of Dhikr and repeat frequently:  
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ
- Du'a, especially for freedom from Hell.

10th (Day of Eid)

- Eid salah & the sunnahs of Eid.
- Perform qurbani and share it with others.
- Spread joy 😊
- Takbir of Tashriq after each fard salah.
- Lots of Dhikr!

11-13th (Days of Tashriq)

- Eat, drink and lots of Dhikr!
- Takbir of Tashriq until after 'Asr of the 13th.






# Learning Outcomes

By the end of the lesson, you will....

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- Say and understand the meaning of the takbirat
- Design an action time-line for Dhul Hijjah

# Did You Know?

“

Ibn Ḥajar  said the reason that these 10 days are so special is because all of the major acts of worship occur in them, which doesn't happen in other days: ṣalāh, fasting, charity and ḥajj. Although it is possible to combine the first three deeds on an ordinary day, the great worship of ḥajj is restricted to these blessed days.

”

# Plenary

Why are the best days of the year in Dhul Hijjah?

Use the following words in your answer:



# Are You Ready for the Competition?



Who is going to score the most points?

## My Dhul Hijjah Checklist



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Connecting to The Creator

	01	02	03	04	05	06	07	08	09	10	Total
Fasted on the Day of Arafah (tick)											
Prayed ___ Salah from the 5 daily Salah (number)											
Read Subhānallāh, Alḥamdullillāh and Allāhu Akbar 33 times after each ṣalāh (tick)											
Recited Lā ilāha illā-Allāh, Allāhu akbar and Alḥamdu li-llāh in abundance (tick)											
Prayed Durood/Salawat upon the Prophet ﷺ ___ times (number)											
Prayed Astaghfirullah ___ times (number)											
Thought about the greatness of Allah (tick)											
Made du'a for myself, family and the ummah (tick)											
Read ___ of pages/juz of Qur'an (number)											
Read an Islamic book (tick)											
Did not fight with anyone (tick)											
Did not speak a lie (tick)											
Watched less videos and played less games (tick)											
Gave Sadaqah (money or even just a smile) (tick)											
Helped my parents (tick)											

Fasted on the Day of Arafah (tick)

Read the FREE Dhul Hijjah Book: 'The Best Days of Your Life' by Life With Allah (tick)

"There are no days on which righteous deeds are more beloved to Allah than these 10 days (the first 10 of Dhul Hijjah)." (Tirmidhi)

"There are no days greater in the sight of Allah or in which good deeds are more beloved to Him than these 10 days. So recite a great deal of tahlil (lā ilāha illā-Allāh), takbir (Allāhu Akbar) and taḥmīd (Alḥamdu li-llāh)." (Aḥmad)

Allāhu akbar Allāhu akbar Allāhu akbar, lā ilāha illā-Allāh, wa-līlahu akbar Allāhu akbar, wa lī-lāhī-l-ḥamd.

Recite the takbirāt of tashrīq audibly after each fard ṣalāh, starting from the Fajr of the 9th of Dhul Hijjah till the 'Asr of 13th Dhul Hijjah (subject to local moonsighting).

Takbir of Tashrīq	09	10	11	12	13
FAJR					
ZUHR					
ASR					
MAGHRIB					
ISHĀ					

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