

# Starter



Write down the du'a after tashahhud with the translation

Now mark your friend's work!

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا ، وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ  
فَاغْفِرْ لِي مَغْفِرَةً مِّنْ عِنْدِكَ ، وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ  
الرَّحِيمُ

## Lesson 5

# The Journey Through Salah

Sujud- Salam



Life With Allah

الحياة مع الله

# LOs

- To appreciate the greatness of sujud
- To explain the tashahhud and salawat
- To memorise the du'a between the two sajdahs

# Sajdah



[A] Write 96:19

كَلَّا لَا تُطِيعُهُ وَاسْجُدْ وَاقْتَرِبْ ﴿١٩﴾

1

The greatest pillar of salah

2

Posture of complete humility & servitude

3

The closest to Allah

4

Du'a is accepted

# Between the Two Sajdahs

- What is the du'a?

رَبِّ اغْفِرْ لِي ، رَبِّ اغْفِرْ لِي

- Don't rush this posture.

# Sujud Videos

25, 26, 27

<https://www.youtube.com/watch?v=ZnQl2rOXuil&list=PL15bEhaDC9N24ezsQjthNp2w7W4-149BC&index=26>

## Post-video questions

1. How is sujud a perfect embodiment of servitude?
2. How should you feel during sujud?
3. Why should you make your body settle in sujud?

# Tashahhud

All royal greetings

التَّحِيَّاتُ

All prayers

الصَّلَوَاتُ

All good (deeds and words)

الطَّيِّبَاتُ



التَّحِيَّاتُ لِلَّهِ، وَالصَّلَوَاتُ وَالطَّيِّبَاتُ، **السَّلَامُ** عَلَيْكَ أَيُّهَا النَّبِيُّ  
وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، **السَّلَامُ** عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ،  
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ.



# Salah on the Prophet ﷺ

○ صَلِّ : ○

○ بَارِكْ : ○

○ حَمِّدْ : ○

○ مَجِّدْ : ○

# Du'a after Tashahhud

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا ، وَلَا يَغْفِرُ  
الذُّنُوبَ إِلَّا أَنْتَ ، فَاعْفِرْ لِي مَغْفِرَةً مِّنْ عِنْدِكَ ،  
وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

[A] Why do you think this is the perfect ending  
to Salah?

# The Adhkar Bank

## Du'a after Tashahhud

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ جَهَنَّمَ ، وَمِنْ عَذَابِ الْقَبْرِ ،  
وَمِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ ، وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ .

O Allah, I seek Your protection from the punishment of the fire, from the punishment of the grave, from the trials of life and death, and from the evil of the trial of al-Masīḥ al-Dajjāl (Muslim).

Story Time

رضي الله عنه

أسيد بن الحضير

# Quiz Quiz Trade



# Plenary

Quick-fire vocab:

التَّحِيَّاتُ

بَارِكُ

صَلِّ

حَمِيدٌ

مَجِيدٌ

الطَّيِّبَاتُ

الصَّلَوَاتُ

# Practising What We're Learning

2 rak'ah with the highest level of khushu you can, with the help of Allah ﷻ