

Lesson 1: The Salah of the Prophet ﷺ

Ḥudhayfah ؓ said, “I prayed with the Messenger of Allah ﷺ one night and he started reciting Sūrah al-Baqarah. I said to myself that he will do rukū‘ at the end of one hundred āyāt, but he carried on reciting. I then said to myself that he will perhaps recite the whole sūrah in a rak‘ah, and he carried on reciting. (At the end of Sūrah al-Baqarah), I said to myself that he will (now) go into rukū‘. However, he then started Sūrah al-Nisā’, and recited it.

He then started Sūrah Āal ‘Imrān and recited it slowly. When he recited the āyāt which entailed the glorification of Allah (tasbīḥ), he glorified Him. When he recited the āyāt which entailed asking (du‘ā’), he would ask Allah. And when he recited the āyāt which entailed the protection of Allah, he sought His protection.

He ﷺ then went into rukū‘ and said, ‘How Perfect is my Lord, the Magnificent.’ His bowing lasted about the same length of time as his standing. He then said, ‘May Allah respond to the one who has praised Him’, and he then stood for a long time, about the same length of time as he had spent in bowing. He then performed sajdah and said, ‘How Perfect is my Lord, the Most Exalted’, and his prostration lasted nearly the same length of time as his standing” (Muslim).

Reflections

Fill in the gaps

أَلْحَمْدُ لِلَّهِ _____ كَثِيرًا طَيِّبًا _____ فِيهِ.

All praise is for Allah; an abundant, sincere and blessed praise (Muslim).

When do we recite this?

اللَّهُمَّ اغْفِرْ لِي ، _____ ، وَعَافِنِي ، _____ ، وَارْزُقْنِي.

O Allah, forgive me, have mercy on me, grant me wellbeing, guide me and grant me sustenance (Abū Dāwūd).

When do we recite this?